

# What effect does folic acid supplementation (with or without additional B vitamin supplementation) have on risk of stroke among persons with or without pre-existing vascular disease? (DGAC 2010)

## Conclusion

Evidence that folic acid supplementation might prevent stroke is limited due to inconsistency, with the most recent meta-analysis documenting no benefit.


## Grade: Limited

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

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## Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [What effect does folic acid supplementation \(with or without additional B vitamin supplementation\) have on risk of stroke among persons with or without pre-existing vascular disease?](#)